

Sauces (PER 2 OZ SERVING)
Chipotle Ranch (Pro: 1g, Carb: 2g, Fat: 8g, Cal:84)
House Ranch: (Pro:0g, Carb: 3g, Fat: 7g, Fiber: 0g, Sugar: 1g ,Cal: 75)
BBQ SAUCE (Pro:0g,Carb:9g, Fat:0g, Cal:36, Sodium:290, Sugar:6g, Fiber:0g)
Salsa (Pro: 1g, carb: 4g, Fat:0g, Cal: 20)
Sweet and Sour (Pro:0g, Carbs:11g, Fat: 0g, Calories:44)
Fit Five Sauce (Pro:4g, Carb:4g, Fat:4, Cal:68)
Buffalo Sauce (Pro:0g, Carb: 1g, Fat: 6g, Cal:58)
Sugar Free Syrup (Pro:0g, Carb:8g, Fat:0g, Cal:32)
Cilantro Lime (Pro:0g, Carb:3g, Fat:4.5g, Cal:52)
Boom Boom (Pro:0g, Carb:3g, Fat:15, Cal:147, Sug: 2g)
Pico De Gallo (Pro:1g, Carb:4g, Fat:0g, Cal: 20)
Hummus (Pro: 2g , Carb: 4g, Fat: 3g Cal:51)
Honey Garlic (Pro: 1g, Carb: 6g, Fat: 0g, Cal: 28, Fiber: 0g, Sugar: 5g)
Broth (Pro: 1g, Carb: 1g, Fat: 1g , Cal: 17)
Tzatziki Sauce: (P: 1g, C: 2g, F: 4g, Cal: 50, Fib: 0g, Sug: 1g, Sod: 70mg)
Caesar Dressing:(P: 1g, C: 4g, F: 9g, Cal: 90, Fib: 1g, Sug: 1g, Sod: 340mg)
Buffalo Ranch: (Pro:0g, Carb: 1g, Fat: 8g, Fiber: 0g, Sugar:0g ,Cal:76)
Peppercorn Sauce (Pro:0g, Carb: 1g, F: 0g, Cal: 18, Fib: 0g, Sug: 0g, Sod: 4mg)
Dijon Mustard (Pro: 0g, Carb: 0g, Fat: 0g, Cal: 10)
Teriyaki (Pro: 1g, Carb: 22g, Fat: 0g, Cal: 90)
Sriracha Ranch: (Pro: 1g, Carb: 2g, Fat: 8g, Cal:82)
Mango Salsa: (Pro: 0g, Carb: 8g, Fat: 0g, Cal: 32, Fib: 1g, Sug: 4g)
Cream Cheese Icing (Pro: 2g, Carb: 2g, Fat: 4g, Cal: 52, Fiber: 0g, Sug: 1g)
Sweet & Smoky. (Pro: 0g, Carbs: 9g, Fat: 0g, Cal: 36, Fib: 0g, Sug: 5g)
Fire Roasted Salsa: (Pro: 0g, Carb: 4g, Fat: 0g, Cal: 20, Fib: 1g, Sug: 2g, Sod:300mg)
Avocado Ranch: (Pro:0g, Carb: 3g, Fat: 7g, Fiber: 0g, Sugar: 1g ,Cal: 75)
Peanut Butter (Pro:8g, Carb: 7g, Fat: 16g, Fiber: 3g, Sugar:2g ,Cal:190)
Siracha Ranch (Pro:1, Carb:2, Fat:6)
Greek Dressing (Pro:0g, Carb: 3g, Fat: 4g, Fiber: 0g, Sugar:2g ,Cal:50)
Honey Garlic Sauce: (Pro: 1g, Carbs: 6g, Fat: 0g, Cal: 28, Fiber: 0g, Sugar: 5g)
Beef Broth (Pro:0g, Carb:3g, Fat: 0g, Fiber:0g, Sugar:0g, Cal:20, Sod:230mg)
Sweet Red Chili Sauce: (Pro: 0g, C: 10g, Fat: 0g, Cal:40, Sod: 200mg, Fib: 0g, Sug: 1g)
Lemon Aioli: (Pro: 0g, C: 2g, Fat: 7g, Cal: 71, Sod 55mg, Fib: 0g, Sug: 1g)
Brown Gravy: (Cal:10, Fat: 0g, Sod: 115mg, C:1.5g, Fib:0g, Sug:0g, Pro:0g)
Less Sodium Soy Sauce (Cal:10, F:0g, Sod:590mg, C:1g, Fib:0g, Sug:0g, P:1g)
Chicken Cacciatore Sauce (Cal:54, F:3g, Sod:159mg, C:7g, Fib:2g, Sug:3g, Pro:2g)
Marinara (C:23, F:1g, Sod:290mg, Carb:4g, Fib:1g, Sug:2g, Pro:1g)
Cheese:
Cheddar Cheese (Pro: 6g, Carb: 1g, Fat: 8g, Cal: 101, Fiber: 0g, Sugar: 0g, Sod:166mg)
Fiesta Cheese (Pro: 6g, Carb: 1g, Fat: 7g, Cal: 89, Fiber: 0g, Sugar: 0g, Sod:146mg)
Mixed Cheese (Pro: 5g, Carb: 1g, Fat: 6g, Cal: 83, Fiber: 0g, Sugar: 0g, Sod:157mg)